

April

2003

M

Patriotic Concert at The Big Screen

Music enjoys a long and proud tradition in the Naval service and today's SEVENTH Fleet Band carries on the tradition with a modern, fast-paced beat. The SEVENTH Fleet Band in a word is EXCITEMENT!

Enjoy a special Guam appearance by the band on April 8th, 1900 at the CNM Big Screen Theater.

MWR Club Rumors Bingo Program Play to WIN a CAR!

Details on page 17

Top O' The Mar

Easter Sunday Brunch 20 April 03 Details on page 5

Point Club

AMERICAN BARBECUE

Every Friday from 1800-2100 Details on page 6

Admiral Nimitz Golf Course 4-Man Scramble Tournament 25 April 03

Details on page 11

MWR Sports LONG DRIVE Contest

12 April 03 Admiral Nimitz Golf Course Details on page 14

MWR Annual Easter Egg Hunt

19 April 03 Sumay Cove Marina, 0930

Details on page 15

WR

Always Active News

M

contents

- Table of Contents
- 3. Acknowledgment to Sponsors
- 4. Club Rumors
- 5. Top O' The Mar
- 6. Home Plate Sports Bar & Beehive
- 7. Point Club & Call To Photographers
- Strike Zone
- MWR Calendar of Events
- MWR Facilities Hours of Operation
- 11. Admiral Nimitz Golf
 Course & Sumay Cove Marina

- 12. Outdoor Activities
- 13. L.I.B.E.R.T.Y. Events
- 14. Sports & Fitness
- 15. Youth Programs
- 16. Auto Hobby Shops, Swimming Pools, Boller Vet Clinic & Child Development Centers
- 17. Libraries & BINGO
- 18. Big Screen Theater
- 19. Funnies & stuff
- 20. FFSC Family Fun Fair



Prudence Denight Marketing Manager



Pamela Yoshihara Marketing Specialist



CrenaMarie Byerly Sponsorship Specialist



Lisa Mayo Graphic Artist



Gregory Palomo Marketing Assistant

COVER PHOTO BY: (U.S. Navy Photo by Photographer's Mate 1st Class (AW) Winston C. Pitman) 7th Fleet Band members thrill the crowd in the chill in Sapporo, Japan.

SUBMIT YOUR PHOTO TODAY!



U.S. NAVAL FORCES MARIANAS

Rear Admiral Patrick W. Dunne Captain David L. Allen Commander John P. Todd CDR Katrina Chancellor James W. Parker George Stewart Commander, U.S. Naval Forces Marianas
Commanding Officer, U.S. Naval Forces Marianas Support Activity
Executive Officer, U.S. Naval Forces Marianas Support Activity
QOL Program Manager
Regional MWR Director
Manager, Community Services RTSG

The Always Active News is a monthly publication by the Morale, Welfare and Recreation Department of Commander, U.S. Naval Forces Marianas. If you have a question regarding any information in this publication, please call the MWR Marketing/Publicity Office at 564-2261 or visit us at Bldg #1A. Your comments and suggestions are welcome. The Department of Defense and the Department of the Navy do not endorse any product or firm associated with any event mentioned in this publication.

TO OUR SPONSORS...

We would like to express our sincere appreciation to all the businesses who supported our MWR programs and events during the months of February and March.



























































HOLIDAY PLAZA HOTEL
WESTIN RESORT GUAM

Magic Girl Charters SAM CHOY'S NEX Food Court DECA

Pacific Daily News Noble Roman's MANCHU WOK

POWER 98 THE ROCK 105.1

Club Rumors CNM 564-1833/4

WEEKLY LINE-UP

LUNCH MONDAY-FRIDAY

1100-1330

Ala Carte & Daily Blue Plate Special

EVENING ALA CARTE MENU

1700-2100 Daily

DAILY HAPPY HOUR

1700-1900

CPO BAR

Friday Happy Hour Complimentary Pupus 1700-1900

MONDAY LADIES NIGHT & R&B

Ladies' drinks 1/2 price!

TACO TUESDAY

Fifty Cent Tacos! 1600-2100

TUESDAY "QUIZZO" NIGHT

Starts at 2000

A New Trivia Contest For Fun & Prizes!

COUNTRY & WESTERN DJ WEDNESDAY

1800-2200

THURSDAY KARAOKE CONTEST

Finals on last Thursday of the Month





FRIDAY ROCK DJ

2100-2400

SATURDAY R&B & HIP HOP DJ

2100-2400





SEAFOOD LUNCH SPECIALS

EVERY FRIDAY Through April 18 Featuring Dishes such as Seafood Gumbo, Fried Crab Legs, Shrimp Baskets & More!

FAMILY NIGHT

Dinner Buffet & Free Movies

Every Friday in April 1700-2000

\$7.95 Adults, \$3.95 Child 5-11 4 & under FREE Family of 4 eats for under \$25 !!!

APRIL 4

Buffet Highlights

Chicken Parmesan, Baked Mahi and Spaghetti with Marinara Sauce

Movies @ 1700

Harry Potter & The Sorcerers Stone, PG; Groundhog Day, PG.

APRIL 11

Buffet Highlights

Stuffed Green Pepper w/ Ground

Beef & Marinara, Fried Cod and Fettuccini Alfredo.

Movies @ 1700

Like Mike, PG; Master of Disguise, PG.

APRIL 18

Buffet Highlights

Meat Loaf, Fried Chicken and Macaroni & Cheese.

Movies @ 1700

Monsters Inc., G; Tora, Tora, Tora, G.

APRIL 25

Buffet Highlights

Pork Stir Fry, Baked Chicken and Mashed Potatoes & Gravy.

Movies @ 1700

Big Fat Liar, PG; Bill & Ted's Excellent Adventure, PG.

All menus subject to change depending upon availability of products



Ximitz Hill 472-4606/688-5695



The Top O' The Mar is back in business! Stop by and check out the TOP's very popular Mongolian Barbecue & Enjoy a Spectacular View!



Authorized Patrons Only

SUNDAYS

Sunday Brunch

1030-1300

\$15.95 Adults, \$7.95 Children 5-11, 4 and under free

TUESDAYS & THURSDAYS

Mongolian Barbecue

1800-2100

FRIDAYS

TGIF Lunch Buffet

Steak & Seafood Xight

\$17.95 Adults, \$8.95 Children 5-11, 4 and under free

Secretary's Day

April 25, 2003 1100-1300 \$7.95 per person

LUNCH BUFFET

Soup

Chicken Rice Soup

Salad Bar

Lettuce, Carrots, Baby Corn, Tomatoes, Celery, Red Bell Pepper, Pineapple Chunks, Hard Boiled Eggs, Two Kinds of Shredded Cheese Thousand Island, Ranch and Italian Dressing

Hot Entrees

Steamed Fresh Vegetables Steamed Rice, Fresh Mashed Potatoes with Gravy Chicken Picata, Grilled Salmon

Beef Potato Pie

Desserts

Assorted Cakes & Pies Dinner Rolls and Butter

Beverages

Regular and Decaffeinated Coffee Hot and Iced Tea Water





Easter Sund ay Brunch

April 20, 2003, 1030-1330

\$17.95 Adults, \$8.95 Children 5-11, 4 and under free

Action Stations

Omelets with Variety of Condiments Eggs cooked to order Waffles with Strawberry and Cream Roast Tenderloin with Demi Glace

Breakfast Entrees

Scrambled Eggs Eggs Benedict Georgia Style Gritts Breakfast Sausage Crispy Bacon

Main Entrees

Baked Mahi-Mahi with Champagne Sauce Mashed Potatoes with Gravy Roasted 1/8 Chicken Stuffed Pork Loin Sauteed Florentine Vegetables Steamed Rice

Soup

French Onion Soup or Gloucester Chowder Assorted Bread with Fresh Flavored Butter

Salad Selections

Springtime Salad with Assorted Dressings Sliced Fresh Fruits Mediterranean Pasta Salad Potato Salad A variety of salads

Cold Entrees

Fresh Sashimi Crab Kelaguen Neptune Cocktail

Dessert

Bountiful Assortment of Pastries

Beverages

Mimosas, Coffee, Iced Tea, Juices, Champagne, Fruit Punch





Holiday Smr PALACE HOTEL

Tuesday - Friday 1700-2200 Saturday 1700-2400



Camp Covington 564-1834

Weekly LINE-UP

tuesday

Techno Tuesday

WEDNESDAY

Jazz & Blues

thursday

Alternative Night

FRIDAY

Country Night

saturday

R&B and Hip Hop Night

FEATURING POOL TABLES



FMI CALL 472-4606 or 688-5695

ROINT CLUB.

Polaris Point



MID-WEEK MADNESS

Every Wednesday Club Opens at 1500 Happy Hour W/Pupus 1700-1900

PLAY OUR MID-WEEK MADNESS AUDIENCE PARTICIPATION ZANY GAME @ 1800!

1500-2200

Fridays

HAIPPY HOUR

1500-1900

Includes Complimentary Pupus!
Bring your CD's & we'll play your music!

AMERICAN BARBECUE

Friday nights just got better with the addition of AMERICAN BARBECUE

Enjoy grilled hamburgers, hot dogs & chicken sandwiches with chips from 1800-2100.

Hamburger \$3.00

Hot Dog \$1.00

Chicken Sandwich \$5.00

HOME PLATE TUESDAYS

Movie Night & Dart Tournament

Tournament begins at 2000 Minimum 10 entries for tournament to take place \$10.00 Entry Fee

WEDNESDAYS

Karaoke Night

Contest begins at 2100 - Drink specials all night Sing your heart away to WIN GREAT PRIZES!

FRIDAYS

Country Night & Pool Tournament

Tournament begins at 2000 - Music starts at 2100 Minimum 15 entries for tournament to take place \$10.00 Entry Fee

SATURDAYS

R&B Night

Music starts at 2100 Happy Hour prices all night!

HOURS OF OPERATION

SPORTS E

Sunday, Monday & Holidays Closed

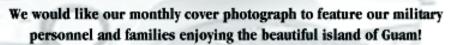
> Tuesday - Thursday 1800-2230

Friday & Saturday 1800-0100

GALL TO PHOTOGRAPHERS!



Would you like to see your photograph featured on the cover of the ALWAYS ACTIVE NEWS?!



Submit your favorite Guam photograph(s) and we'll feature the best one received on our cover. The photograph can be a scenic shot or feature family and friends enjoying the sites and sounds of Guam. It can be on land or under the sea!

Drop your photo(s) at the MWR Marketing Office located in Bldg. 1A on COMNAVMAR.

Or e-mail your digital to mwrmarketing@guamcell.net.

Submit by the 7th of the month for the following month's cover. Include your name, phone number, e-mail address and identify the location and individual(s) in the photo.

For more information call MWR Marketing at 564-2261 or e-mail mwrmarketing@guamcell.net





TE POINT LAN

CNM 564-1828

COLORAMA

1st Saturday of Every Month \$10.00 Entry Fee Minimum 20 Entries 18 yrs & older

sponsored by:





BOWLING CLUB PUNCH CARDS

PICK UP YOUR PUNCH CARD TODAY! Spend \$5.00 or more on bowling and RECEIVE ONE PUNCH on your cord. (One Punch Per Visit)

Get TEN (10) punches and receive \$10.00 CREDIT towards bowling. (Can Not Exceed \$10.00 value) FMI CALL 564-4828

HOURS OF OPERATION

Monday - Friday 1100-1300 1700-2200 Saturday & Sunday 1500-2200

Stop by our Snack Bar and Enjoy Guam's Best Burgers!

easter sunday cold pin special

20 April 03 Strike on a GOLD Head Pin and WIN A PRIZE!

40 Frames Game for \$5.25

Bowl 4 Games for the Price of 3 Games



LIGHTNING

HOURS OF OPERATION

Monday - Thursday Closed

(Will be Open Tuesday & Thursday during Admiral's Cup League Play)

> Friday 1700-2200

Saturday & Sunday 1500-2200

APRIL SPECIAL

GET ONE FREE GAME OF BOWLING WITH SNACK BAR PURCHASE OF \$4 OR MORE!

Sul	MWR	Cale	enda Wed	r of	Even	ts Sat
A	Mon	1	Boonie Stomp to Lower Sigua Falls Libraries Easter Coloring Contest begins	LIBERTY NH Potluck at Tennis/ Volleyball Court.	Every FRIDAY through 18 April Seafood Lunch Specials at Club Rumors LIBERTY Trip to Planet Hollywood NH 2.1 Mile Hospital Hash at BWFC	Kayak Trip to Talofofo 5 River COLORAMA at Orote Point Lanes LIBERTY 6 Hour Group Night Out Free Movie at Big Screen Theater
Golf Day at ANGC w/ LIBERTY Boonie Stomp to Lost Pond	Youth Programs Spring Camp begins 7	Special Appearance by Seventh Fleet Band at Big Screen Theater	Boonie Stomp to Southwest Coastline	LIBERTY FREE Movie at CNM Big Screen Theater & Dart Tournament at Home Plate Sports Bar	LIBERTY 8 ball Pool 11 Tourney at CNM Beehive CKG 5K Fitness Run Youth Programs End of Spring Camp Celebration	FFSC & MWR present Family Fun Fair 2003 Boonie Stomp to Taguan Point MWR Sports Long Drive Contest at ANGC (authorized patrons only)
LIBERTY Trip Around The Island Kayak Trip from Umatac Bay to Merizo Pier	14	LIBERTY CNM Focus Group 15 Meeting & Birthday Celebration	LIBERTY NCTS 16 Focus Group Meeting & Birthday Celebration Boonie Stomp to Pagat Caves & Cliffline Libraries Coloring Contest Entries Due	LIBERTY NH Focus 17 Group Meeting & Birthday Celebration	LIBERTY 6 HOUR 18 Group Night Out & GTDS One Tank Dive NCTS Sports Center 5K Bike/Run	MWR Annual Easter 19 Egg Hunt Kayak & snorkel Agat Small Islands LIBERTY FREE MDA Boat Charter Admiral's Cup Cycling Begins
Easter Sunday Brunch at Top O' The Mar LIBERTY Paintball Day Boonie Stomp to Fonte Dams & Piti Guns ONE FREE Movie at Big Screen Theater	Admiral's Cup Tennis Tournament begins 21	22	Introduction to Kayaking I 23 Admiral's Cup Volleyball Meeting at CKG & NCTS Sports Center	LIBERTY FREE 24 Movie at Big Screen Theater	Secretary's Day Lunch at Top O' The Mar ANGC 4 Man Scramble Tournament	Boonie Stomp to 26 Pagat Caves & Cliffline LIBERTY 6 Hour Group Night Out
LIBERTY Fun Game at ANGC 27 & Trip to Merizo for their Village Fiesta Introduction to Kayaking II	28	29	LIBERTY Trip to Chamorro Village 30 Boonie Stomp to Inarajan Falls			20 Apr - Orote Point Lanes Easter Sunday Gold Pin Special
Bingo @ ANGC & Club Rumors Triple Feature at CNM Big Screen Theater Happy Hour at Club Rumors 1700-1900 Dinner Ala Carte Menu at Club Rumors Sunday Brunch at Top O' The Mar	Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 Ladies Night at Club Rumors & R&B	Bingo @ ANGC Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700- 1900 & Taco Tuesdays & "Quizzo" Night Home Plate Movie Night & Dart Tourney Techno Tuesdays at Beehive Mongolian BBQ at Top O' The Mar	Home Plate's Karaoke Contest Storytime at CNM Library Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & Country & Western DJ Mid-Week Madness at Point Club Jazz & Blues at Beehive	Bingo @ ANGC FREE Movie at CNM Big Screen Theater Volleyball Day at CKG Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & Karaoke Thursdays Alternative Night at Beehive Mongolian BBQ at Top O' The Mar	Bingo @ ANGC TGIF Lunch Buffet at Top O'The Mar Double Feature at CNM Big Screen Theater Happy Hour at Point Club & American BBQ Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors/CPO BAR 1700-1900 & Friday Rock DJ Country Night & Pool Tourney at Home Plate Gountry Night at Leehive	Bingo @ ANGC & Club Rumors Triple Feature at CNM Big Screen Theater Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & R&B & Hip Hop DJ Saturdays R&B and Hip Hop Night at Beehive
Morale Welfare & Recreati		Caster Fron	o Our Pamil	q To Yours!		Always Active News 9

MWR FACILITIES

Hours of Operation

COMNAVMAR

MWR OFFICE 564-1850/1/2 MWR Regional Director Jim Parker **ADMINISTRATION OFFICE 564-1847**

Manager, Community Services, RTSG George Stewart Mike Doran Asst. Manager, Community Services Mon-Fri 0730-1630

Sat, Sun & Holidays Closed

MWR DIRECTOR'S FEEDBACK LINE 339-1022

Division Heads:

Jim Smith District Manager Retail Operations Maureen Scheuermann Child Dev. Program Administrator

Marketing Manager Prudence Denight Frank Esteves Recreation Supervisor Youth Activities Supervisor Mae Lizama

AUTO HOBBY SHOP 564-1827

Jerome Aguigui Technician Tue. Wed & Holidays Closed 1200-2000 Mon Thu & Fri Sat & Sun 0900-1700

BEEHIVE @ CAMP COVINGTON 339-6001

Noel David Manager Sun & Mon Closed 1700-2200 Tue - Fri 1700-2400 Sat

BINGO PROGRAM 344-5838/687-2012

Anne Mesina Bingo Manager

CHARLES KING GYM 564-1824/5 564-1820 SPORTS LIVE

Michal Ballou Supervisor 0500-2100 Mon-Fri Sat 0900-2100 Sun 0900-1900 0900-1900 Holidays

CNM CHILD DEVELOPMENT CENTER 564-1844/5 CHILD CARE RESOURCE & REFERRAL 564-2260

Maureen Scheuermann, CDPA 0630-1730 Mon-Fri Sat, Sun & Holidays Closed

CHILD DEVELOPMENT HOMES 564-2262

Christine Bowlby Director 0730-1630 Mon-Fri Sat, Sun & Holidays Closed

CLIPPER LANDING 564-2263

Sean McDermott Manager CLOSED FOR RENOVATIONS

CLUBHOUSE YOUTH CENTER

TEMPORARY PHONE 564-1755 Supervisor

Mae Lizama 0630-1800 Mon-Fri Special events only. Sat

Sun & Holidavs Closed

YOUTH SPORTS

TEMPORARY PHONE 564-1755

Rosa Camacho Youth Sports Coordinator 0800-1700 Tue-Fri

CLUB RUMORS 564-1833/4/5 Fax 564-3187 Noel David Manager

Catering 688-5695/472-4606/7 Alex Gagaring Catering Manager

Hours

Lunch (Mon-Fri) 1100-1330 1600-2200 Mon-Thu Fri 1600-2400 1100-2400 Sat & Sun **CPO Lounge** Fridays Only

Holidays

1700-2200 Bar Ala Carte 1700-2000

Click Here

Mon & Wed 0900-1500 0900-1600 Sun 1500-2100 Sat Tue, Thu & Fri 1200-2100 Holidays Closed

LIBRARY 564-1836 Frances Quinata Librarian Wed 1400-1900 1100-1900 Thu-Sun CLOSED Mon, Tue & Holidays

SWIMMING POOL 564-1822

Jessica Perez Lead Free Active Duty Laps 0530-0830 (M-F)

Public Hours

Tue-Fri 1000-1800 Weekends & Holidays 1000-1800 Monday Closed

MARKETING/PUBLICITY OFFICE 564-2261 Manager

Prudence Denight Pamela Yoshihara

Asst. Mgr./Mktg. Specialist CrenaMarie Byerly Asst. Mgr./Sponsor Coordinator 0730-1630 Mon-Fri

Sat, Sun & Holidays Closed

OROTE POINT LANES 564-1828/9

Willie Miranda Manager Mon-Fri 1100-1300 1700-2200 Sat. Sun & Holidays 1500-2200

THE POINT CLUB 472-4606

Noel David Manager

REC 'N CREW OFFICE 564-1826 Outdoor Recreation/L.I.B.E.R.T.Y. Program Therese Muna Supervisor

0800-1700 Mon-Sun Holidays 0800-1700

SUMAY COVE MARINA 564-1846

Sean McDermott Manager Wed - Sun & Holidays 0800-1700

TEEN LIVING CENTER 564-3740

Mae Lizama Supervisor Mon & Tue Closed Wed & Thu 1500-2100 1500-2300 Fri Sat 1300-2300 1300-1800 Sun 1200-2130 Scheduled Holidays

THE BIG SCREEN 564-1830 MOVIE HOTLINE 564-1831

Dorothy Abante Manager Mon-Wed CLOSED Thu (FREE MOVIE) 1900-2130 Friday 1900-2400 Sat & Sun 1300-2200

472-4606/7 TOP O' THE MAR 472-4605 Fax

Noel David Manager Holidays Closed

Catering Manager

688-5695/472-4606/7 Alex Gagaring

Sunset Lounge

CLOSED UNTIL FURTHER NOTICE Joel Santa Cruz 472-4606 Open Holidays

NCTS

ADMIRAL NIMITZ GOLF COURSE 344-5838/39 Manager

Richard Paulino

Pro Shop

0600-1800 Mon-Sun

ADMIRAL NIMITZ GOLF COURSE 344-5838/9

Snack Bar

Lilia Strutz Asst. Manager Mon-Sun 0600-1900

Holidays Open except Christmas Day

AUTO HOBBY SHOP 355-5527

Joselito Subido Technician Tue, Wed & Holidays Closed Mon Thu & Fri 1100-1900 Sat & Sun 0900-1700

HOME PLATE 355-2321/5325

355-5321 Fax Timothy Hall Manager Sun, Mon & Holidays Closed Tue - Thu 1800-2230 Fri & Sat 1800-0100

LIBRARY 355-5921 Felicisima McCandless Librarian 1400-1900 Tue Wed-Sat 1100-1900 Sun, Mon & Holidays Closed

LIGHTNING LANES 355-5273

Timothy Hall Manager Mon-Thu Closed 1700-2200 Fri Sat, Sun & Holidays 1500-2200

OUTDOOR REC 355-5527

L.I.B.E.R.T.Y. Program

Therese Muna Supervisor Mon. Thu & Fri 1100-1900 Weekends 0900-1700 Tue, Wed & Holidays CLOSED

SOUTH-FIN YOUTH CENTER 637-2730/1

Mae Lizama Supervisor

Helen Flores Recreation Specialist

0600-1730 Mon-Fri

SPORTS CENTER 355-5623/5534

Felix Esteves Supervisor Mon, Tue, Thu & Fri 0500-2100 Wednesday 0500-2200 0700-2100 Sat & Sun Holidavs 0900-2100

SWIMMING POOL 355-5091/2

Boleslaw Rolinski Lead

PRT Lap swim (Active Military only) 0500-0700

Recreational Swim

Mon, Thu & Weekends 1100-1800 1100-1700 Tuesday & Friday Holidays 1100-1800 Wed Closed

NAVAL HOSPITAL

BODYWORKS FITNESS CENTER 344-9226 CLOSED UNTIL FURTHER NOTICE

Araceli Diras Supervisor Mon-Fri 0500-2100 Sat, Sun & Holidays 0900-1700

CHILD DEVELOPMENT CENTER 472-2312

Lita Gonzales Director 0630-1730 Mon-Fri Sat, Sun & Holidays Closed

SWIMMING POOL 344-9009

CLOSED UNTIL FURTHER NOTICE Dan Malubag Lead

Lap swim

Mon-Fri 0530-0730 **Lap & Recreation Swim** Mon, Wed. Thu & Fri 1100-1800 Sat, Sun & Holidays 1100-1800

SUNSHINE OUTFITTERS 344-9009

Mon-Fri 0900-1700 Sat & Sun 1100-1700

COVE MARINA CNM 564-1846

BOAT RENTALS - PRICE LISTING



American 18 Skipper	\$ 12-hr,\$ 40 day
American 14 Skipper	
Super Snarks	\$ 4hr,\$20 day
	\$ 40 Half day, \$ 75 full day + gas
Single Kayak	
Double Kayak	
Paddle Boats (2 seat)	
Paddle Boats (4 seat)	.\$ 4hr,\$ 24 day
Outrigger Poles	.\$10 day
Fishing Poles	
•	•

CALL US FOR MORE INFORMATION!

K ABOUT OUR FREQUENT BOATER CARD!

GUAM COUR

FREE GOLF CLINICS

SATURDAY - SUNDAY 0900-1000 PLEASE CALL TO SIGN UP

-IVAN SCRAMBLE TOURNAMENT

APRIL 25, 200£

\$25.00 Entry Fee

1100 Show - 1200 Go

1st & 2nd Place Winners

Longest Drive & Closest to the Pin

4 Players/Team, Minimum Team Handicap 60

Authorized Patrons Only

Radio Barrigada 344-5838/39

OUTIDOORS ACTIVITIES

CNM REC 'N CREW 564-1826

NCTS OUTDOOR REC 355-5527

CNM Rec 'N Crew Has Moved To BLDG. SB1, Old Galley



Check out our OUTDOOR CEAR RENTAL

Need camping gear, coolers, canopies, tables, chairs or bikes? Check us out... we'll hook you up!





All activities require a minimum of 4 Patrons to go or they may be subject to cancellation.

BOONIE STOMPS

2 Apr - Lower Sigua Falls (MD)

6 Apr - Lost Pond (E)

9 Apr - Southwest Coastline (VD)

12 Apr - Taguan Point (EM)

16 Apr - Pagat Caves & Cliffline (MD)

20 Apr - Fonte Dam & Piti Guns (EM)

26 Apr - Pagat Caves & Cliffline (MD)

30 Apr - Inarajan Falls (D)



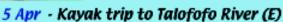












13 Apr - Kayak trip from Umatac Bay to Merizo Pier (D)

19 Apr - Kayak & snorkel Agat Small Islands (EM)

23 Apr - Introduction to Kayaking I - 0900-1100

Introduction to Kayaking II - 1300-1500

27 Apr

^a Bring your personal snorkel gear or rent gear available at our Rec VI Grew office.









I EGEND

- EASY EM - EASY TO MODERATE

M - MODERATE MD - MOD TO DIFFICULT D - DIFFICULT VD - VERY DIFFICULT

EH - EXPERIENCED HIKERS

TICKETS AVAILABLE

- 1. GameWorks 100 Credit game cards \$15.00
- 2. Atlantis Submarine \$45.00/adult \$23.00/child
- 3. Tarza Water Park \$20.00/adult \$10.00/child Includes Lunch

GET YOURS TOOKY!

DPEN TO EVERYONE! Families, Couples, Single Sailors & Geographical Bachelors.

Boonie Stomps

\$5.00 adult, children 5-17 \$3.00, children under 5 are free. Children under 10 must be accompanied by an adult. All patrons are requested to show up for payment and waiver signature 15 minutes prior to departure. Tours depart at 0900. Deadline to sign up is at 1630 one day prior to the event.

Kayak Trips

Weekend kayak trips are \$15.00/single kayak, \$25.00/double kayak, includes lunch & drinks. Wednesday kayak trips are \$8.00/single, \$12.00/double (does not include lunch or drinks). Tours depart from Rec 'N Crew or Outdoor Rec at 0900. Events are subject to change or cancellation due to weather conditions or circumstances beyond our control.

L.I.B.E.R.T.Y. Events

CNM 564-1826

Hop into the L.I.B.E.R.T.Y. Van...



..And join us for...



NCTS 355-5527

...Fun filled events!

Naval Hospital Potluck at Tennis/Volleyball Court. 1700-2100. Volleyball Fun Game - NH Single Sailors 3 Apr invite all CNM Single Sailors to play volleyball and earn bragging rights. Call Rec 'N Crew for more information.

Planet Hollywood Dinner and Night Out. 1900-2400. 4 Apr

6 Hour Group Night Out. First group to call, first serve. Call for more information. 5 Apr

Golf Day at Admiral Nimitz Golf Course. 1100-1800. \$20.00 per person includes 18 holes, cart and meal after 6 Apr golf.

Free Movie at CNM Big Screen Theater. 1900-2100. One Showing Only. Free movie does not include food 10 Apr and drinks.

Dart Tournament at NCTS Home Plate Sports Bar. 1800-2200. \$5.00 Entry Fee.

11 Apr -CNM 8-Ball Pool Tournament at CNM Beehive. 1800-2200. \$5.00 Entry Fee.

13 Apr -Trip Around The Island. 1000-1600.

CNM Focus Group Meeting & Birthday Celebration at Club Rumors. 1800-1930. 15 Apr -



NCTS Focus Group Meeting & Birthday Celebration. 1800-1930. 16 Apr -

NH Focus Group Meeting & Birthday Celebration at Barracks 15. 1800-2000. 17 Apr -

18 Apr -GTDS One Tank Night Dive. 1800-2000. \$10.00 per person Bring personal gear. Showtime 1800 at Cabras Marina, go at 1830. LIBERTY will provide transportation for those who sign up. 6 Hour Group Night Out. First group to call, first serve. Call for more information.

FREE MDA Boat Charter. 1400 - 1800. Showtime at 1330 - Go at 1400. Sign ups are required. Maximum 30 19 Apr divers or 20 divers & 20 non-divers. Bring personal snorkel and dive gear.

20 Apr -Paintball Day 1300-1800. Showtime at 1200 - Go at 1300. \$25.00 per person includes gun, mask, unlimited CO2 and 100 rounds of paint. Minimum 3 - Maximum 5 per team. Call Rec 'N Crew for transportation. Pick up time 1100.

24 Apr -Free Movie at CNM Big Screen Theater. 1900-2100. One Showing Only. Free movie does not include food and drinks.

26 Apr -6 Hour Group Night Out. First group to call, first serve. Call for more information.

27 Apr -Fun Game at Admiral Nimitz Golf Course. NH Single Sailors invite all CNM Single Sailors to come out and play for fun and earn bragging rights. \$20.00 per person for 18 holes, cart and meal after golf. 1300-1700 Call Rec 'N Crew for more information.

Trip to Merizo for their Village Fiesta. 1200-1800.

Trip to Chamorro Village. 1800-2200. 30 Apr -

L.I.B.E.R.T.Y. Program is STRICTLY for Single Sailors and Geographical Bachelors. We will provide free transportation for scheduled events listed above. Patrons must call for transportation. Trips require a minimum of 4 patrons to go. Subject to cancellation if minimum requirement is not met. Sign up deadline for each trip is at 1600 the day prior to the scheduled trip. For questions please call 564-1826 or email at n10.munat@guam.navy.mil

The Department of Defense and the Department of the Navy do not endorse, encourage or discourage the use or purchase of any products associated with these events.



<u>Charles King Gym</u>



Monthly 5K Fitness Run

11 April 03

Show: 0600

Go: 0615



AEROBIC CLASSES AT CKG

Step Monday 1630-1730 Hip Boxing Wednesday 1630-1730 \$2.00 per class, FREE for Active Duty

Purchase Aerobics Coupon at CKG

<u>BodyWorks Fitness Center</u>



FMI 564-1824

2.1 Mile Hospital Hash 4 April 03

Show: 0600

Go: 0615

Sports Center



NCTS 355-5623

Monthly 5K Bike/Run

18 April 03

Show: 0600

Go: 0615



LONG DRIVE CONTEST

12 April 03 at Admiral Nimitz Golf Course Bldg 96 0830 Registration 0900 Contest Begins 2 Divisions:

Male & Female 17 years and above Equipment will be provided.

Participants may use own equipment.

1st Place Awards for both categories

FUN & GIVEAWAYS!

(Authorized Patrons Only)

BON/WALK & SWILL FOR LIFE PROGRAM

- * Open to all eligible patrons 15 years & above
- * Participants will accumulate mileage by running, walking or swimming & log their distance within 30 days at any Navy MWR pool or gym.
 - All recorded mileage will begin on date of registration.
- WHY? To improve your health & establish a habit of exercise and we are giving PRIZES!
 Run/Walk prizes given at 100, 250, 500, 750 & 1000 mile mark. Swim prizes given at 25, 50, 100 & 200 mile mark.
- * Patrons can join in at any time. Patrons may register at any Navy MWR pool or gym.
- This program is on-going and is self-paced.
- * FMI Call 564-1824/25, 564-1822, 355-5623 or 355-5091.

ADMIRAL'S CUP HAPPENINGS

CYCLING begins 19 Apr 03 0600 Show - 0615 Go, NCTS Sports Center TENNIS TOURNAMENT begins 21 Apr 03 VOLLEYBALL MEETINGS 23 April 03 1000 at Charles King Gym

1400 at NCTS Sports Center

14 Always Active News April 2003

DUTH PROGR

CNM 564-1755

2003 EASTER EGG HUNT

Saturday, 19 APRIL 2003 Sumay Cove Marina Hunt begins at 0930 for all categories Great Prizes for GOLD & SILVER egg HUNTERS! Retreshments will be provided.

4 CATEGORIES: l·2 years

3·5 years 6.8 years

9-12 years

FINE THE FAMILY FOR FUN & EEG-GUENENT















7 APRIL - 11 APRIL COMNAVMAR & SOUTH FINEGAYAN YOUTH CENTER AGES 5-12 YEARS.

Drop-in care accepted on SPACE AVAILABILITY.

END OF CAMP CELEBRATION

11 APRIL 2003 CNM YOUTH CENTER OPEN TO PATRONS ENROLLED IN SPRING CAMP

GET READY FOR A DAY OF FUN & GAMES! PARENT PARTICIPATION ENCOURAGED

SCHOOL AGE CARE PROGRAM

The School-Age Care Program has space available for children in kindergarten through 6th grade for Before only, After only or Before and After school care. Drop-In care is also available. Please call or stop by the Youth Center nearest you for more info.

HOURS OF OPERATION CNM Youth Center 0630 - 1800 South Finegayan Youth Center 0600 - 1730

CNM Youth Center is TEMPORARILY located at the CDC, Bldg 1983-A until further notice.

We apologize for any inconvenience this may cause. For more information please call our temporary phone number 564-1755.

SERVICE BAY RESERVATIONS

At both Auto Hobby Shops

Just stop in and reserve a time

- ** Convenient **
- ** Saves Time **

** No waiting in line for the next available service bay **

Reservations must be made in person. Sorry, no reservations can be made over the phone.

> Please call us for more information.

> > CNM 564-1827 NCTS 255-5527

Child Development



Your One Stop Center for Information, Registration or Request for Care in Centers and Homes. Located at the CNM Child Development Center

Bldg. 1983-A Haputo St. Tel: 564-2260

Child Development Homes Certified Child Development Home providers are located within Naval Housing areas.

> Child Development Centers, CNM and HavHosp

Ages of Children Enrolled: 6 weeks through 5 years

Effective Immediately!

There are NO ENTRY FEES charged for all Navy Pools.

Gab Gab Beach & San Luis Beach Lifeguards will be posted on weekends & holidays only from 1000-1800. No lifeguards during the weekdays. FMI call 564-1850

CNM Pool CLOSED

NCTS Pool NOW OPEN

USNH Pool Closed due to extensive typhoon damages

> For more information please call 564-1850.





Visit us at our website www.navyvetguam.com Our webpage contains basic information on animal diseases, quarantine information, appointment scheduling, price information and hours of operation.

Present a Special Opportunity for Military Personnel Only!

Membership! Stop by the MWR Marketing Office, Bldg. 1A 2nd Floor and get your FREE Active Duty Personnel Membership Certificate. Exclusive offer for active duty Military or dependent. ID is required

FMI CALL 564-2261

CLUB RUMORS CNM BINGO PROGRAM



*SATURDAY & SUNDAY
DOORS OPEN AT 1100
GAMES START AT 1330

* PROGRESSIVE GAMES including LETTER "K" and "BLACKOUT GAME"

SATURDAY LUNCH PLATE \$4.95 SUNDAY BRUNCH PLATE \$4.95 STARTING AT 1100













Exchange new carsales

Phone 564.1833/34 687-2012

LIBRARIES

CNM HOURS OF OPERATION

WED 1400-1900 THU - SUN 1100-1900 MON, TUE & HOLIDAYS CLOSED

EASTER COLORING CONTEST



SAM CHOY'S



Contest begins 2 APR 03

Deadline to submit entries:

CNM Library

16 Apr 03 by 1500

NCTS Library

16 Apr 03 by 1900

3 Winners per category: 1-4 years 5-8 years 9-12 years

Entry forms can be picked up at both libraries. Winners will be selected between both facilities.

STORYTIME: CNM WEDNESDAYS @ 1500 FMI 564-1836

The Big Screen CNM 564-1830

HOURS OF OPERATION

MONDAY - WEDNESDAY
Closed

THURSDAY 1900-2130

> FRIDAY 1900-2400

SATURDAY & SUNDAY 1300-2200

SEVENTH Fleet Band



Special Appearance by the 7th Fleet Band Patriotic Concert 8 April 2003 Big Screen Theater 1900



"FREE MOVIE"

5 April 2003

One of Three Movies will be FREE Time and Movie to be announced. FMI call 5641830 or Movie Hotline 5641831.



EASTER SUNDAY SPECIAL

ONE FREE MOVIE 20 April 2003 FMI Call 5641830 or Movie Hotline 5641831



"FREE MOVIE" THURSDAYS

Come by and enjoy a FREE MOVIE 1900

GET YOURS TODAY! CALL US FOR MORE INFORMATION!

BLOCKBUSTER coupon



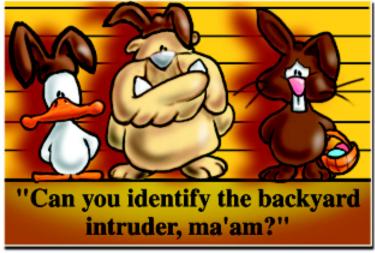
- THE FUNNIE



You have an extraordinary zest for life as April gets underway. The 1st and 2nd are days to seek out adventure, and the 6th and 7th are perfect days to celebrate your good fortune with the friends and relatives who helped you get to this point. The 8th through 10th can be an emotional time, especially if you insist on dredging up a touchy issue from the past, but there's really no reason to dwell on things that you cannot change. It should be easier to move forward by looking at the facts rather than focusing on the feelings attached to painful events through the 14th. Rams who are looking for love just might find it in an unlikely place on the 17th and 18th, and every little surprise that comes your way seems to be a good one through the 20th. You have little time for fun and games on the 21st and 22nd, however; instead, you choose to put all of your energy into your career or toward solving a family matter. But as long as you can avoid taking your best friend's or lover's offhanded comments too seriously on the 26th and 27th, the last three days of the month should end on a high note. www.astenlegs.com

20 Apr - 20 May

There's a lot on your plate as April begins, but you have every intention of finishing every last bit of it. You have a lot of ambition on the 1st and 2nd, and, as the Moon moves through your Sign on the 3rd and 4th, you are unfaltering as you climb uphill to accomplish your goals. The 6th through 12th is a busy time in your social life, but you shouldn't have any trouble making conversation with strangers or breaking the ice with a blind date during this timeframe. Time is of the essence in both your career and personal life on the 13th and 14th, but luckily you have the art of arriving on time completely mastered. Your magnetism reaches epic proportions on the 17th and 18th, and flirting is your romantic forte on the 19th and 20th. You may spend a lot of your time tinkering in the garage or in your own private studio or workshop on the 23rd through 25th, and it wouldn't be unusual for you to emerge from your work session with something quite inventive. You have the ability to turn your creation into something profitable on the 28th through 30th, so don't waste an opportunity to get the word out. www.astrology.com



Happy easter from our family to yours!

Famous Aries

Russell Crowe Robert Downey, Jr.

Celine Dion Alyson Hannigan Sarah Jessica Parker Sarah Michelle Gellar

Let's Make An...Origami Bunny

You Will Need:

* A 3" by 5" index card or business card & tape or glue. (You can use a plain piece of paper but it won't hop as well.) How To Make It:

- 1. Place the card in a portrait orientation. At the top of the card take a corner & fold it down until the top edge and the side edge meet. Open card flat.
- Repeat with the other corner. Now you have an "X".
- 3. There should be two creases on the top of your card. If steps 1 & 2 were done correctly, they should form an "X" at the top of the card. Now make a crease that runs through the middle of the "X". Fold back the top right through the middle of the "X".
- 4. Collapse the paper on the pre-made creases.
- Fold the outer corners of the triangle to the top.
- 6. Fold the sides to the middle.
- Fold the bottom edge to the top.
- Fold the top edge of the front layer to the bottom edge.
- 9. Turn over & glue or tape 2 bunny ears to the top.
- 10. To make your bunny hop, loosen the front and back legs so that the bunny is not flat. Tap at the back, and the bunny will jump.

How About...Jeweled Eggs

You Will Need: (Parental supervision recommended)

- Boiled Eggs
- * Glitter paint w/ tip on bottle
- * Flat sided jewels * Egg cartons, empty

How To Make It:

- At the top of the egg, make a scalloped circular design with the glitter paint, if desired. Make sure there is a "puddle" of paint on the top. Place a jewel on the top of the egg in the puddle of paint.
- 2. Make a "puddle" of paint on the side of the egg. Place a jewel in the "puddle". You can make the "puddles" as small or big as you wish, just enough to hold the jewel in place.
- 3. Repeat as many times as you wish around the egg.
- 4. Let dry. (see * below)
- Place on a decorative plate, an Easter basket or make an arrangement for your table.
- * You will need to decorate only one side of the egg at a time. Let dry either on egg cartons turned upside down or a cooling rack. Decorate other side when first side is dry.



U.S. NAVAL FORCES MARIANAS



12 April 2003 1000 - 1500 Sumay Cove Marina

SPECIAL APPEARANCE BY THE SEVENTH FLEET BAND PLAYING 1920s Big Band Music!

- Marianas Division Sea Cadets Unit
- # Guam High School Jazz Band
- * DoDEA Cultural Dance Group
- * Security K9 Demonstration
- *** USDA Dog Demonstration**
- * Chapel: Religious Education Division, Children's Crafts
- * Baby, Toddler, Older Youth & Family Games
- * Educational & Activity Booths
- * FOOD FUN GIVEAWAYS & MORE!

















The Department of Defense and the Department of the Navy do not endorse, encourage or discourage the use or purchase of any products associated with this event.

Morale, Welfare & Recreation U.S. Naval Forces Marianas PSC 455, Box 170 FPO AP 96540

Presort Standard U.S. Postage Paid Barrigada, Guam Permit No. 40